

UCHS NEWSLETTER

UNITY COMPOSITE HIGH SCHOOL



Banner drop!

Congratulations to our senior girls' volleyball team on winning provincial bronze in November!

In this months newsletter:

- Between the Bells
- Yearbook Cover Contest
- Telemiracle Soup Cook-Off
- Curling News
- School Dance
- Student Success Stories
- Through the Lens
- March Calendar

2025-26 Yearbook Order Forms will be going home this week! Be sure to get your copy of this year's yearbook!

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BETWEEN THE BELLS

As we head into March, the junior high students are looking forward to their ski trips and the start of badminton season. Our senior sports continue with basketball heading into playoffs, provincial curling happening this weekend, along with the kickoff for badminton season, drama preparing for their spring production, archery competitions, and not to forget our year-long clubs and groups still occurring. We are busy here at UCHS and with that comes many responsibilities of our students, staff, and larger educational community.



Responsibility is one of the most important values we can help students develop during their high school years. While academic success remains a priority, learning to take ownership of actions, decisions, and contributions to the school and larger educational community prepares students for life well beyond graduation.

At UCHS, responsibility means more than completing assignments or meeting deadlines. It involves showing respect for others, contributing positively to our learning community, and recognizing that individual choices have an impact on the wider school environment, within and outside of the physical building. Each day, students are encouraged to demonstrate responsibility through attendance, effort, collaboration, and integrity in both academic & extra-curricular settings.

As part of our school values and goals this year, we commit to presenting opportunities for students to lead, decide, and grow in building character and citizenship to thrive beyond the classroom. We encourage families to continue conversations about responsibility at home by supporting goal setting, independence, reflection, and celebration. By empowering students to take ownership of their learning and their role within our community, we can help students understand that responsibility is not simply an expectation, it is a lifelong skill that shapes character and citizenship.

Thanks for all your continued support,

Mr. G

YEARBOOK COVER CONTEST

2025-26 YEARBOOK COVER CONTEST

SIMPLY US

CALLING ALL STUDENTS!

HELP DESIGN THE COVER OF THE
2025-26 UCHS YEARBOOK!

**We're looking for a cover that is simple, clean, and
creative, while showing who we are at UCHS
—our school, our students, and what makes us *us*.**

Your design must include:

- **Unity Composite High School**
 - **2025-26**
 - **The theme "Simply Us"**
 - **A simple color palette using: BLACK • WHITE • GREY • RED**
-

**The winner will work with yearbook staff and
Lifetouch to perfect their design for production!**

- **Complete design digitally or on an 8 1/2 x 11 paper**
- **Design deadline: Friday March 20th**
- **Submission and questions can be directed to the yearbook staff:
Mrs. L'Heureux, Mrs. Liddicoat, Miss. Kostyna, Ms. Svenkson**

TELEMIRACLE SOUP COOK-OFF



On February 25, the Leadership 20 class hosted a soup cookoff to fundraise for Telemiracle 50! In total, we raised \$312. We would like to thank all the students and staff that participated and give a big shout out to our two community teams, Unity Motor Products and Delta Coop. This event would not have been possible without you! We had 3 categories for the competition. The first was the People's Choice, where voters decided which soup was the best. It was close, with the top 3 teams being separated by only 7 votes. Our first place winner was Team Swanky with their Chipotle Kick! The second category was the Leadership Choice, where the leadership students judged the soup based on texture, taste, and presentation. The winner was Unity Motor Products' Lasagna Soup! We would like to give a special shout out to Mr. Gieni who got second place in both of these categories. Our Souper Student award goes to the most enthusiastic student, who made a delicious soup and came in close to the leaders, Gauge Groth and his cheddar broccoli soup. Thanks again to everyone who came out and supported this great cause!



REPORT FROM THE RINGS

UCHS Warrior Curling has had a successful season and it's not over yet for the Seniors!. Practices started in November in preparation for District play in February. We had exhibition games versus North Battleford and enjoyed attending a few weekend bonspiels.

Junior Warrior Curling

UCHS hosted Battle West Junior District Curling at Unity Curling Club on February 25-26. Thirteen teams competed in the Championship in the categories of Mixed, Boys, Girls and Doubles.



UCHS Mixed team, made up of all grade 7s had a great day of experience and learning. Nicholas N, Aliyah T, Daniel R, & Noah W played their first game against Spiritwood and had a really great game. They had their draw weight down perfectly and it came down to the last shot. They lost a close one, making them wait to play the other Spiritwood team on the B side. Despite their best efforts, they were unable to get the win. They grew throughout the day in skill and knowledge. Great work, Warriors! We are looking forward to seeing this team next year!

The JR Boys team of Dylan P, Jacob G, Blake L and Chester M, from Grade 7 and Grade 8, had a long but successful day of curling. They started out the morning with a very strong win against the Medstead boys team. Following that, they won a hard fought battle against a very solid Spiritwood team, who went on to become District Champions. This advanced them to the gold medal game. They ended up meeting Spiritwood again in the final, and after losing two hard fought games, they became the District Silver Medalists. Congratulations boys.



REPORT FROM THE RINGS

Senior Warrior Curling

Senior Curlers travelled to North Battleford for BattleWest Senior District Curling on Tuesday, February 10th. Following this, UCHS hosted Regionals for Open Mixed and Open Doubles at the Unity Curling Club on February 27th and 28th.

The SR Open Doubles Team, consisting of Cole D, Tate P, and Cohen G, lost their first game to the host NBCHS doubles team. However, after some time to rest and fuel up, they took on Spiritwood. They bounced back nicely and won this game, becoming the silver medalists and advancing to Regionals, which were hosted in Unity on February 27 & 28. At regionals, the boys had a busy Friday, finishing the day with 2 wins and a loss. This resulted in a do-or-die situation all day on Saturday. After a win in the morning against an intense Lloydminster team, the boys played a confident Hillmond team. Unfortunately, they fell just short in their final match after an extremely hard-fought battle, narrowly missing a spot at provincials. Great season this year, boys. We, your coaches, are so proud of the commitment you demonstrated and the growth and improvement you saw throughout the season. We can't wait for next season.

~ Mrs. Snell & Ms. Gartner



SCHOOL DANCE

UCHS

PINK DANCE

**FRIDAY, MARCH
6TH**

9:00-12:00

**Presale tickets ~ \$10
at the door ~ \$12**

**SADD
MOCKTAILS**

*Brought to you by your
UC+HS Student Council!*

STUDENT SUCCESS STORIES

Self-Discipline

- the power to manage a person's thoughts, emotions, or behavior in the face of temptation to achieve a specific goal.

Keanna
Kelly



Keanna plays a vital role on the senior girls basketball team, where her remarkable self-discipline sets the tone for everyone around her. Even though she is balancing school, work, and being on a team, she consistently arrives early and ready to give her best during every practice and game. Keanna works hard, manages her emotions with maturity, and keeps her focus on long-term team goals. Her work ethic and drive inspire her teammates to push themselves as well. Through her leadership and dedication, Keanna shows that discipline and commitment are key to both individual and team success on and off the court.

-submitted by Ms. Svenkeson

Lyle
Aguinaldo



Lyle Aguinaldo consistently demonstrates outstanding self-discipline through his strong commitment to the Warriors junior basketball team. He arrives prepared, focused, and ready to contribute at every practice and game, setting a positive example and expectation for teammates. He has a great attitude on and off the court, celebrating teammates' successes during the season. He listens carefully to coaches, accepts feedback respectfully, and shows a genuine willingness to learn and improve. Lyle understands that team success comes before individual recognition and works hard to give his best throughout practices and games. His positive mindset, reliability, and openness to growing as a player make him not only a valuable athlete to the team, but an incredible teammate to play along with. Keep up the great work down the home stretch of the season Lyle!

-submitted by Mr. Gieni

STUDENT SUCCESS STORIES

*Myah
Wagner*



Myah consistently demonstrates impressive self-discipline, approaching every task with a conscientious and hard-working attitude.

Whether balancing academic responsibilities with athletic commitments or pushing through challenges with determination, she shows a strong sense of responsibility and focus.

Despite her busy schedule, Myah maintains a positive outlook and a great sense of humor.

-submitted by
Mrs. Loadman

Layne Johnson



Layne Johnson is a highly responsible student who demonstrates strong commitment in all areas of her life. She is well organized and consistently puts forth her best effort in her academic work. As a dedicated hockey player, Layne responsibly manages her time by completing her homework ahead of schedule, if possible, whenever she needs to leave early for games. She is a regular attender and takes her school responsibilities seriously.

Layne also exhibits excellent self-discipline and consistently behaves respectfully and appropriately in class, making her a positive role model for her peers. Keep up the excellent work at UCHS, Layne!

-submitted by Mrs. Poitras

Elisha Avena



Self-discipline is the ability to control and motivate yourself, stay on track and do what is right. I believe that Elisha Avena is a student who demonstrates this virtue. In health Science 20 Elisha shows discipline in using her class time to complete work, ask questions, and review new concepts. She consistently hands in work on time and is well prepared for exams. In class Elisha strives to do what is right - she follows lab safety rules, works well with others and is kind and considerate to her classmates and teachers. Elisha sets high standards for herself and works hard to achieve her goals. Keep up the great work Elisha!

-submitted by Mrs. Clark

STUDENT SUCCESS STORIES

Lilirae Dillon



At UCHS we are always looking for people who live our 3 beliefs. Lilirae Dillon is a great model of respect, and it is clearly demonstrated in the way she interacts with others.

She is kind and thoughtful, always showing care and consideration for those around her. She will often go out of her way to help others, even if she has a lot on her plate. She communicates in a way that lets you know that she values your opinion, even if it differs from her own, and she makes choices based on what is right, rather than what is easy. Lilirae you are a bright light in our school! Thanks for demonstrating what it means to show respect for everyone around you.

-submitted by Mrs. Kendrick

Theo Wichmann



Theo Wichmann is a strong and dedicated student, both to his academics and athletics. His success is rooted in his strong sense of self-discipline and commitment to personal growth. Each day in class, he arrives prepared and ready to learn, having organized his materials and approached his work with purpose. His consistent effort and attention in class allow him to understand the material as it is taught, building confidence when approaching assessments and new challenges.

One of Theo's most impressive qualities is his ability to stay focused, even when those around him are distracted. While peers may lose concentration or shift their attention elsewhere, he remains committed to his learning goals. His self-discipline extends beyond academics and into athletics, where he demonstrates the same dedication and work ethic. Balancing commitments to both the senior and junior basketball teams requires excellent time management and perseverance. He dedicates significant time and energy to practices, games, and skill development, while still meeting his responsibilities at school. His commitment reflects a strong ability to prioritize and stay disciplined.

Overall, Theo's success is a result of his consistent effort, focus, and determination. By fully engaging in class and committing himself to his athletic pursuits, he continues to grow as both a student and an athlete. His self-discipline helps him meet expectations and prepares him for future challenges, making him a positive role model for those around him.

-submitted by Ms. Gartner

STUDENT SUCCESS STORIES

*Elise
Avena*



Elise is a student who is focused, organized, and diligent. She pushes herself to consistently do her best work. In English, her writing is always well thought-out and polished, and she reflects carefully about the texts studied. Elise has worked extremely hard on her public speaking this year. She has shown incredible growth in this area and should be recognized for how hard she pushed herself in the last year.

-submitted by
Ms. Partington

Reid Ducherer



Once students reach the final year of high school, they show up as a sum of their experiences and values.

Reid is a committed student with clear goals for the future. He exhibits strong students skills, is consistently responsible, and overtly respectful. This is no accident. Reid's self-discipline has evolved through his lived experience.

I've watched Reid grow as a student, as a 4H speaker, as an athlete. I would not ever know if he "feels like" participating, doing his assigned tasks, or interacting in a community-minded manor. It's not about feelings, it's about personal expectations. Those expectations may have been external throughout his life, but now they are innate. This exhibition of self-discipline is a strong indicator of success. I see it now and I'll look forward to seeing

it in the future!

-submitted by Mrs. Orobko

*Kingston
Meredith*



This month I would like to recognize Kingston Meredith for her great work as a basketball official for our jr. basketball games. A common problem for many schools, for almost all sports, is the issue of finding officials. UCHS has been fortunate over the years to have had a number of students who have become officials and helped continue to make sports available at our school. Last year Kingston began refereeing basketball for our Gr.7 teams. Kingston displayed confidence and competence and showed great improvement over the course of the season. This year Kingston has once again signed up to ref, and she continues to do a great job and provide a vital service to our school. Way to go, Kingston!

-submitted by Mr. Clark

STUDENT SUCCESS STORIES

Polina Chernii



Polina has been very responsible and respectful in the classroom this year. She has made such strides towards getting her work handed in and making sure it is done well! Polina shows self-discipline, as this has all been done with her own intrinsic motivation. Great job taking control of your education Polina! Keep up the good work!
-submitted by Mrs. Hrynuik



Aliyah Turk

It is my pleasure to recognize Aliyah Turk. Aliyah joined high school curling this year and has elevated her curling skills through self-discipline. She attends practices regularly and is willing to take the advice of her coaches to try to improve her understanding of the game. Aliyah asks questions and tries her best. We are so glad Aliyah has joined curling, and we look forward to how she and her team do at Districts!
-submitted by Mrs. Snell

Ayla Sperle



As we come to the end of first semester credits, I review my classes to share some successes.

Ayla Sperle deserves to be recognized for the dedication (perhaps from self discipline) she put into her Foundations and Pre Calculus 10 class. She was very committed to completing her daily assignments. Quiet by nature, Ayla did not hesitate to ask for extra help and even ask for some opportunities to reassess. After completing all necessary reviews for a final exam, she earned a grade that she should be proud of. A great example of how to succeed in senior math
Ayla, thanks.

-submitted by Mr. Parker

Mason Spindler



Mason has been a wonderful example in our science classroom this year for his consistent ability in choosing to learn. He brings a genuine curiosity and enthusiasm for learning that is evident every day. His strong interest in science encourages him to ask thoughtful questions and explore concepts in greater depth, leading to high levels of understanding. Mason's eagerness to learn and positive attitude contribute to meaningful class discussions that helps make our science classroom an engaging and enjoyable place for everyone. Thank you, Mason, for making our science class a better place to be!

-submitted by Mrs. Wood

STUDENT SUCCESS STORIES



Preparing for a cumulative final exam is a new experience for the Foundations & Pre-Calculus 10 students. The many unknowns that come with writing this type of final can be scary and stressful. What is the best way to prepare for this exam? When should I start studying? How much do I study? Will I be able to keep my focus? How do I manage my time? Do I need to know everything? These are just a few of the many questions that cross the minds of concerned students as exam week approaches. This year was no exception. Students struggled with these questions and strived to find the answers that worked for them. In the end, many students were successful with their exam preparations and were able to maintain or even increase their overall average in this class. To put it simply, they understood the importance of the process, they worked hard, and they figured things out. Congratulations to Alivia Close, Jinks Cooper, Brynn Delhommeau, Cierra Ducherer, Cole Ducherer, Thorin Jedlicka, Nevada Pipke, Annie Pitura, Mission Sawatzky, Anton Sieben, and Mayla Williams. Thank you for choosing to learn.

-submitted by Mrs. Gartner

Chyna Niccolls



I believe Chyna Niccolls shows a lot of self-discipline. Self-discipline is all about being able to keep yourself in check and push through your tasks without someone else holding your hand. In her Digital Production class, Chyna was a rock star when it came to tackling tough and time-consuming projects. She spent weeks crafting tiny clay models, snapping hundreds of photos, and then piecing everything together into a cool video. Her creativity is inspiring. She often borrowed a laptop just so she could keep the momentum going at home. It was clear that she poured a ton of her personal time into getting the job done right! Keep up the great work Chyna!

-submitted by Mrs. Hoffinger

STUDENT SUCCESS STORIES

*Tanner
Lawrenc*



Self-discipline is often the foundation of success. This was true last semester for Tanner as she took personal initiative and focused her efforts in ELA 20. Through these steady efforts and a concerted work ethic, she built strong study habits, maintained a steady pace, and took initiative. Tanner set goals for herself, stuck to her routines, and pushed through challenges with determination. Her commitment showed in every assignment she completed, and in every class discussion she joined.

By the end of the semester, Tanner had not only strengthened her skills, but also her confidence. Her success is a testament to the ability of self-discipline to unlock potential.

Great work, Tanner!
-submitted by Mr. Wood



This month, I would like to take some time to spotlight the 9A Girls for their self-discipline and commitment to both their school and their community. This group consistently shows up ready to learn and eager to get started on new tasks. They are always willing to take on challenges with a positive attitude and can motivate others around them as well. They work hard to ensure their assignments are completed on time, done to the best of their abilities, and they take pride in doing things properly.

Just as importantly, they've found a great balance between responsibility and school spirit-making room for fun, supporting one another, staying involved in school activities, and helping create an inclusive, welcoming feel in our halls. Their effort, reliability, teamwork, and kindness do not go unnoticed.

So, Ella, Bella, Ashlyn, Alexa, Summer, Brinley, Jaidyn, Tejasvi, Angel, Jaily, Nicola, Emma, and Hayley—thank you for all your hard work and for brightening up my room! Keep it up!

-submitted by Miss Kostyna



FEBRUARY THROUGH THE LENS

Match-o-Matics



Lined up for pick up!



First look at results!

Rock Paper Scissors for Hearts



Counting hearts!!



Winner!

Cookie Break!



Me want cookie!



C is for Cookie!



Me love Cookie!

MARCH CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 Basketball: • Sr. Boys @ Kindersley • Sr. Girls @ Home ----- Curling Provincials @ Estevan & Moose Jaw ----- Pink Dance	7 Archery @ Ardrossan ----- Wrestling Regionals @ Moose Jaw
8	9	10	11 Grade 7 Ski Trip	12 Grade 8 Ski Trip	13 Basketball: • Sr. Boys host Conferences • Sr. Girls @ Biggar ----- Wrestling Provincials @ Saskatoon	14
15	16 Early Dismissal	17 	18 Grade 9 Ski Trip	19	20 Jr. Badminton @ NBCHS	21
22	23 PD Day No School	24	25	26	27 Jr. Badminton Home Tourn.	28 Sr. Badminton Home Tourn.
29	30	31			Easter break begins Friday April 3rd 	